Traveller Counselling Service

**Client Statistics for 2016 – 1st Quarter (Jan – Mar)**

Client/Counselling Hours

We have provided a total of 108 counselling hours in the first quarter of 2016

The counselling was provided in 1 Wicklow and 5 Dublin locations as outlined below

Client Hours by Location 2016 1st Quarter

**Bereavement and Bereavement through Suicide 2016 1st Quarter**

Bereavement remains a huge issue for our clients

* 61% of all clients present with bereavement issues
* 26% of clients experienced multiple bereavements
* 13% of clients have been bereaved by suicide
* 9% of clients are living with the threat of suicide within their families
* 4% of clients are bereaved as a result of murder
* 4% of clients have experienced multiple family suicides
* 4% of clients lost their spouse to suicide
* Suicide remains an issue for our clients with one quarter impacted through either the threat of suicide by a loved one or bereaved through the suicide of a loved one.

Bereavement 2016 1st Quarter

**Mental Health & Related Issues during 2016 1st Quarter**

The majority of clients attending our service are struggling with their mental health with almost one third of these experiencing suicide ideation.

* 91% of Clients experiencing consistent Stress and Anxiety
* 82% of Clients experiencing consistent Stress within their Families
* 61% of Clients suffering from depression
* 43% of Clients using psychotropic/anti-depressant/sleeping tablets or similar prescription meds
* 30% of Clients in addiction
* 43% of Clients experiencing suicide ideation which represents an increased with last years overall figure of 39%
* 17% of Clients living with addiction in their families
* 21% of Clients struggling with feelings of anger

**Presenting and Emerging Issues 2016 1st Quarter**

**Other Relevant Issues 2016 1st Quarter**

The following issues are presented in order of prevalence

Other Issues

**Outcomes for 2016 1st Quarter**

The following outcomes were recorded for clients for 2016 1st Quarter.

* 61% of clients who started were attending in Dec 2015 are still attending in 2016
* 13% disengaged without further contact
* 13% of clients were referred on to specialised services
* 5% stopped coming as they were feeling better, their situations had improved or they had achieved what they set out to achieve
* 4% alcoholism so acute preventing counselling
* 4% moved and are now unable to attend due to lack of transport

**Client Outcomes 2016 1st Quarter**

**Client Profiles 2016 1st Quarter**

Gender Profile

Age Profile