

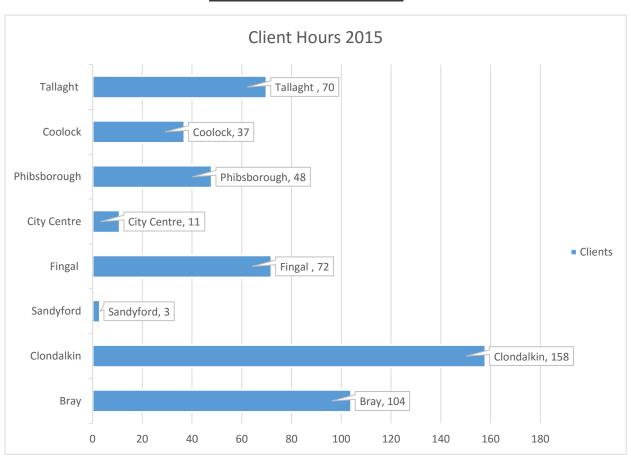
Client Statistics for 2015

Client/Counselling Hours

We have provided a total of 503 counselling hours during 2015 which shows an almost 3 fold increase in service provision when compared with 178 hours counselling provided in 2014.

The counselling was provided in 1 Wicklow and 7 Dublin locations, including the commencement of a new counselling service in Sandyford at the end of 2015.

Client Hours by Location 2015

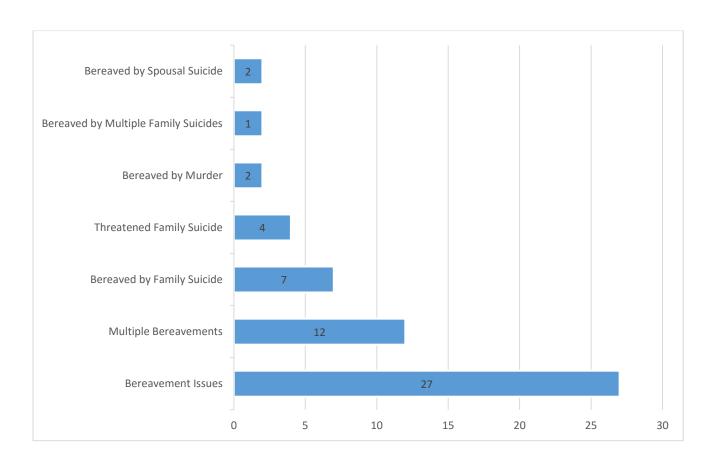


Bereavement and Bereavement through Suicide during 2015

Bereavement remains a huge issue for our clients

- 60% of all clients present with bereavement issues
- 27% of clients experienced multiple bereavements
- 15.5% of clients have been bereaved by suicide
- 11% of clients are living with the threat of suicide within their families
- 5% of clients are bereaved as a result of murder
- 5% of clients have experienced multiple family suicides
- 5% of clients lost their spouse to suicide
- Suicide remains an issue for our clients with one quarter impacted through either the threat of suicide by a loved one or bereaved through the suicide of a loved one.

Bereavement/Bereaved through Suicide 2015

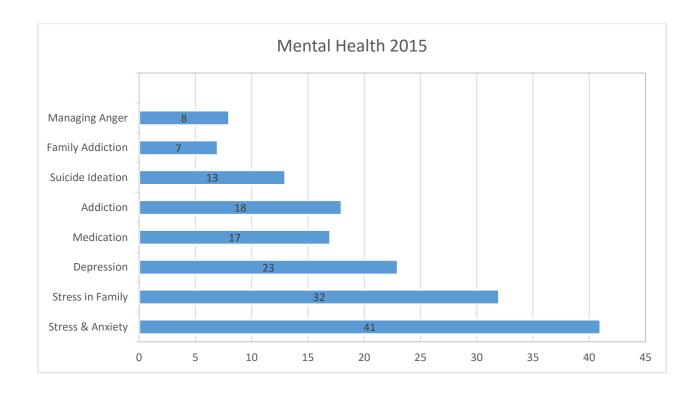


Mental Health & Related Issues during 2015

The majority of clients attending our service are struggling with their mental health with almost one third of these experiencing suicide ideation.

- 91% of Clients experiencing consistent Stress and Anxiety
- 71% of Clients experiencing consistent Stress within their Families
- 51% of Clients suffering from depression
- 38% of Clients using psychotropic/anti-depressant/sleeping tablets or similar prescription meds
- 40% of Clients in addiction
- 29% of Clients experiencing suicide ideation
- 16% of Clients living with addiction in their families
- 18% of Clients struggling with feelings of anger

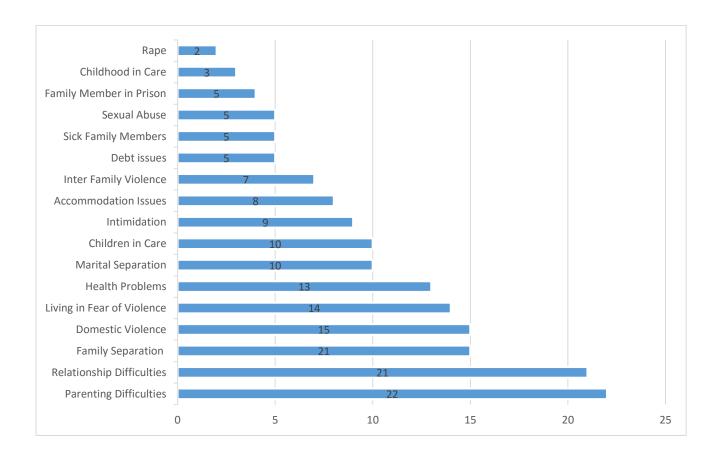
Presenting and Emerging Issues 2015



Other Relevant Issues 2015

The following issues are presented in order of prevalence

Other Issues



Outcomes for 2015

The following outcomes were recorded for clients for 2015.

- 47% of clients who started attending counselling in 2015 are still attending in 2016
- 22% stopped coming as they were feeling better, their situations had improved or they had achieved what they set out to achieve
- 16% disengaged without further contact
- 7% of clients were referred on to specialised services
- 2% were not suited to counselling at present
- 2% deceased (accidental death in fire)

Client Outcomes

