

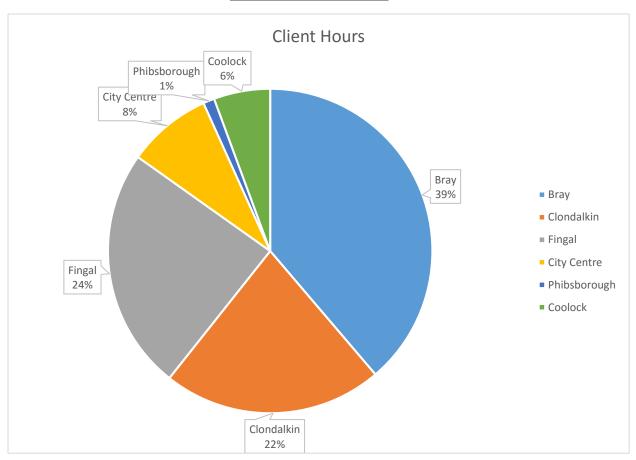
Client Statistics for 2014

Client/Counselling Hours

We have provided a total of 178 counselling hours during 2014

The counselling was provided in 4 Dublin locations and one location in Wicklow. We also started providing counselling in a 5th area in Dublin, (Clondalkin). The breakdown of hours per location are provided below.

Client Hours by Location

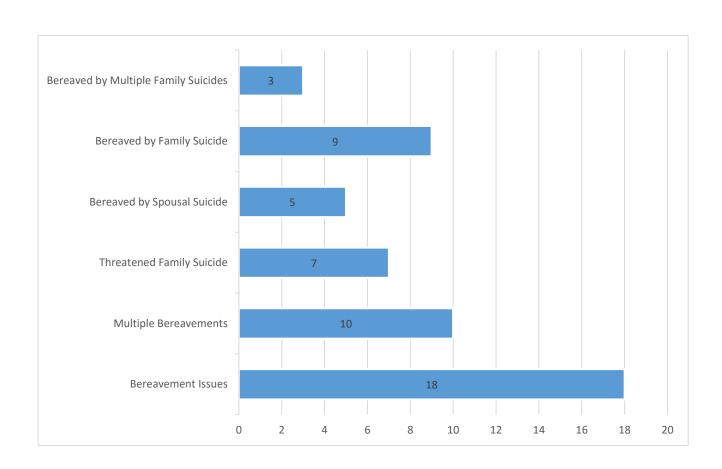


Bereavement and Bereavement through Suicide 2014

Bereavement by suicide is one of the biggest issues facing clients attending our service.

- 72% of clients present with bereavement issues
- 40% of clients have experienced multiple family bereavements
- 36% of clients were impacted by family suicides
- 28% of all clients have a suicidal family member
- 20% of clients lost their spouses to suicide
- 12% of clients impacted by multiple family suicides

Bereavement/Bereaved through Suicide

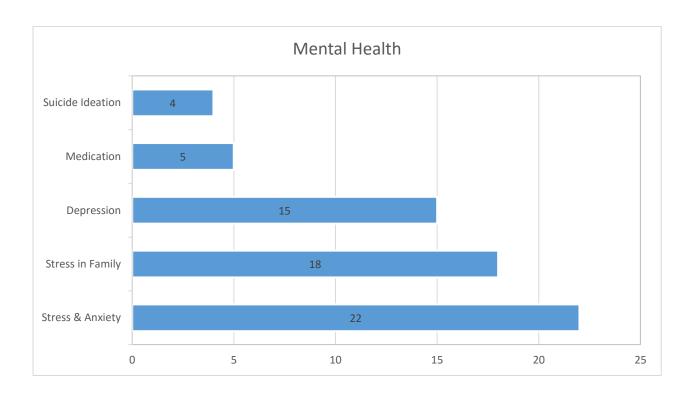


Mental Health & Related Issues 2014

The majority of clients attending our service are struggling with their mental health.

- 20% of Clients using psychotropic/anti-depressant/sleeping tablets or similar prescription meds
- 60% of Clients suffering from depression
- 88% of Clients experiencing Stress and Anxiety
- 72% of Clients experiencing high levels of Stress within their Families

Presenting and Emerging Issues 2014

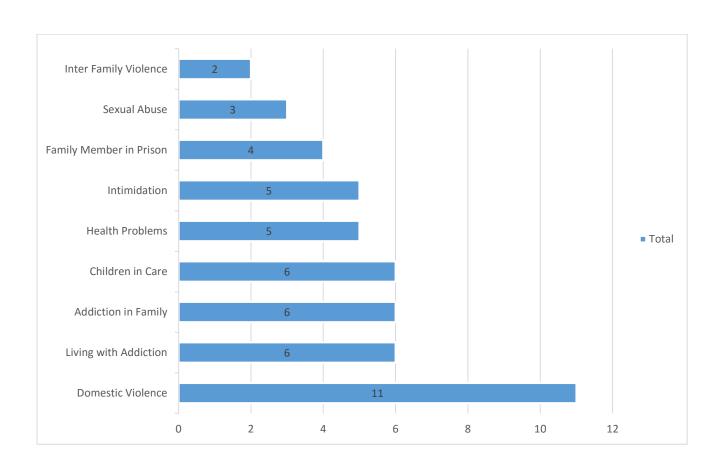


Other Relevant Issues 2014

The following issues are presented in order of prevalence

- 44% Clients have been affected by domestic violence
- 24% Clients are living with addiction
- 24% Clients have family members impacted by addiction
- 20% Clients have children in care
- 20% Clients have health problems
- 20% Clients are experiencing intimidation
- 16% Have family member in prison
- 12% Clients are victims of sexual abuse
- 8% are impacted by inter family violence

Other Issues



Outcomes 2014

The following outcomes were recorded for clients for 2014.

- 66% of clients who were attending at the start of 2014 are still attending for counselling
- 12% felt they had achieved what they wanted in counselling
- 8.5% of clients were referred on to specialised services
- 8.5% just stopped coming
- 4% were unable to attend because of childcare issues

Client Outcomes

